

CURRICULUM VITAE

**CHRISTIAN N. ANDERSON, MD**

---

**OFFICE CONTACT INFORMATION**

Tennessee Orthopaedic Alliance  
4230 Harding Road, Suite 1000  
Nashville, TN 37205  
Phone (615) 383-2693 (ext. 209)  
Fax (615) 297-1449

---

**EDUCATION**

<i>University of Tennessee</i> Knoxville, TN	B.S. (2002, Biochemistry)	1998 – 2002
<i>Vanderbilt University School of Medicine</i> Nashville, TN	M.D. (2007)	2003 – 2007

---

**POST GRADUATE EDUCATION AND TRAINING**

**Internship**

<i>Vanderbilt General Surgery</i> Vanderbilt University Medical Center, Department of Surgery Nashville, TN		2007 – 2008
---	--	-------------

**Residency**

<i>Vanderbilt Orthopaedic Surgery</i> Vanderbilt University Medical Center, Department of Orthopaedics and Rehabilitation Nashville, TN		2008 – 2012
---	--	-------------

**Fellowship**

<i>Stanford Sports Medicine</i> Stanford University Medical Center, Department of Orthopaedics and Rehabilitation Stanford, CA		2012 – 2013
--	--	-------------

---

**BOARD CERTIFICATIONS**

American Board of Orthopaedic Surgery Part I	July 2012
American Board of Orthopaedic Surgery Part II	August 2015

---

**PATENTS**

United States Patent No.: 9,924,939 B1	March 27, 2018
--	----------------

---

**MEDICAL LICENSURE**

State of Tennessee (active)	2010
State of California (active)	2011
State of Kentucky (active)	2013

---

## HOSPITAL PRIVILEGES

St. Thomas Hospital West, Nashville, TN	2013 – Present
St. Thomas Hospital Midtown, Nashville, TN	2013 – Present
Centennial Medical Center, Nashville, TN	2013 – Present
Tristar Summit Medical Center, Hermitage, TN	2014 – Present

---

## PROFESSIONAL SOCIETY MEMBERSHIPS

American Medical Association	2003 – 2008
American Academy of Orthopaedic Surgeons (AAOS)	2008 – Present
Tennessee Medical Association	2008 – Present
Vanderbilt Orthopaedic Society	2012 – Present
American Orthopaedic Society for Sports Medicine (AOSSM) – Active Member	2012 – Present
Arthroscopy Association of North America (AANA) – Associate member	2012 – Present
Mid-America Orthopaedic Association – Active member	May 2014 – Present
Tennessee Orthopaedic Society	
Southern Orthopaedic Society	Sept 2014 – Present
Research on Osteochondritis Dissecans (ROCK) Study Group	Nov 2017 – Present
Pediatric ACL Understanding Treatment Options (PLUTO) Study Group	Nov 2017 – Present
AOSSM Council of Delegates	April 2018

---

## EDITORIAL AND REVIEW BOARDS

<i>Rheumatology Current Research</i> – Reviewer	Oct 2013 – Present
<i>Clinical Journal of Orthopedics and Rheumatology</i> – Editorial Board	June 2014 – Present
<i>American Journal of Sports Medicine</i> – Reviewer	June 2014 – Present
<i>Orthopaedic Research and Education Foundation</i> – Grants Reviewer	Aug 2014 – 2017
<i>Orthopaedic Journal of Sports Medicine</i> – Reviewer	June 2016 – Present

---

## HONORS AND AWARDS

<i>Phi Eta Sigma</i> – University of Tennessee – National honor society recognizing scholastic achievement in freshman undergraduates	1999
<i>Bucky Ball Award</i> – University of Tennessee – Award given to the student with the highest grade in General Chemistry	1999
<i>National Society of Collegiate Scholars</i> - University of Tennessee - Honors organization recognizing outstanding academic achievement among first and second year college students	2000
<i>Phi Beta Kappa</i> – University of Tennessee	2000
<i>Alpha Epsilon Delta</i> – University of Tennessee – National premedical honor society awarding excellence in premedical scholarship	2001
<i>Golden Key International Honor Society</i> – University of Tennessee – Academic honor society that recognizes scholastic achievement and excellence	2001
<i>Mortar Board Society</i> – University of Tennessee – One percent of senior class chosen based on Academic performance, leadership, and service	2002
<i>Summa Cum Laude</i> – University of Tennessee, 3.93 GPA	2002
<i>Microbes and Defense Society</i> – Vanderbilt University School of Medicine - Honor society for excellence in microbiology and immunology	2004
<i>International Game and Fish Association World Record</i> – Landlocked Striped Bass, All Tackle Length Record Category	2011
<i>International Game and Fish Association World Record</i> – Calico Bass, 8lb Tippet Category	2013
<i>International Game and Fish Association World Record</i> – European Grayling, All Tackle Length Record Category	2013

---

## TEAM COVERAGE EXPERIENCE

Country Music Marathon, Nashville, TN	2005, 2006
TSSAA football, Nashville, TN – Alternate team physician	2009
Glencliff High School Football, Nashville, TN – Head team physician	2010, 2011
San Francisco 49ers Football, San Francisco, CA – Assistant team physician	2012 – 2013
Stanford University Athletics – Associate team physician	2012 – 2013
Cheatham County High School – Team physician	2013 – Present
Ezell Harding High School – Team physician	2015 – Present
Tennessee Tech University – Team physician	2017 –Present

---

## GRANT SUPPORT

OREF Resident Educational Grant: <i>Biomechanical Evaluation of Physcal Sparring Fixation Methods in ACL Avulsion Fractures</i>	2011
--	------

---

## PUBLICATIONS

### Scientific Manuscripts:

1. Anderson AF, Awh MH, and **Anderson CN**. The Anterior Menisocofemoral Ligament of the Medial Meniscus: Case Series. *Am J Sports Med*. 2004 Jun; 32(4):1035-40.
2. Anderson AF, **Anderson CN**. Management of Osteochondritis Dissecans of the Knee. *Techniques in Knee Surgery*. 2005 Mar; 4(1):23-35.
3. Anderson AF, **Anderson CN**. Hamstring Anterior Cruciate Ligament Reconstruction in the Skeletally Immature Patient. *Techniques in Orthopaedics*. 2005 Sept; 20(3):314-22.
4. Anderson AF, **Anderson CN**, Gorman TM, Cross MB, and Spindler KP. Radiographic Measurements of the Interchondylar Notch: Are They Accurate? *Arthroscopy*. 2007 Mar; 23(3):261-8.
5. Anderson AF, **Anderson CN**. Posterior Cruciate and Posterior Lateral Reconstruction in an Adolescent: A Case Report. *J Bone Joint Surg Am*. 2007 Jul; 89(7):1598-604.
6. Anderson AF, **Anderson CN**. Transepiphyseal Anterior Cruciate Ligament Reconstruction in Pediatric Patients: Surgical Technique. *Sports Health: A Multidisciplinary Approach*. 2009 Jan/Feb. 1:76-80.
7. **Anderson CN**, Anderson AF. Tibial Eminence Fractures. *Pediatric Anterior Cruciate Ligament Injury: A Focus on Prevention and Treatment in the Young Athlete*. Eds. Ganley TJ and Miller MD. *Clin Sports Med*. 2011 Oct; 30(4):727-42.
8. **Anderson CN**, Nyman JS, McCullough KA, Uppuganti S, Song Y, O'Neill KR, Anderson AF, Dunn WR. Biomechanical Evaluation of Physcal Sparring Fixation Methods in ACL Avulsion Fractures. *Am J Sports Med*. 2013 Jul; 41(7):1586-94.
9. **Anderson CN**, Riley GM, Gold G, Safran MS. Hip- Femoroacetabular Impingement. *Magnetic Resonance Imaging in Sports Medicine*. Eds. Dr. Sanders. *Clin Sports Med*. 2013 Jul; 32(3):409-25.
10. **Anderson CN**, Magnussen RA, Block JJ, Anderson AF, Spindler KP. Operative Fixation of Chondral Loose Bodies in Osteochondritis Dissecans of the Knee: A Report of Five Cases. *OJSM*. 2013 Jul 13. 1(2).
11. **Anderson CN** and Anderson AF. Pediatric ACL: Evaluation and Management. *Current Orthopaedic Practice*. 2014 Jul/Aug. 25(4). 305-320.
12. Goldin M, **Anderson CN**, Fredericson M, Nugent R, Safran MR, Stevens, K. Femoral Neck Stress Fractures and Imaging Features of Femoroacetabular Impingement. *PM&R*. 2015. Jan 13.
13. Anderson AF, **Anderson CN**. Correlation of Meniscal and Articular Cartilage Injuries in Children and Adolescents with Timing of Anterior Cruciate Ligament Reconstruction. *Am J Sports Med*. 2015 Feb;43(2):275-81.
14. **Anderson CN**. Iliopsoas: Pathology, Diagnosis, and Treatment. *Clin Sports Med*. 2016 Jul;35(3):419-33.

15. **Anderson CN**, Anderson AF. Management of the Anterior Cruciate Ligament-Injured Knee in the Skeletally Immature Athlete. *Clin Sports Med.* 2017 Jan;36(1):35-52.

### Book Chapters:

1. Anderson AF, **Anderson CN**. *Anterior Cruciate Ligament Reconstruction in Skeletally Immature Patients*. The Anterior Cruciate Ligament: Reconstruction and Basic Science. Eds. Prodrinos, et al. Philadelphia, PA: Saunders, 2008. 457-69.
2. Anderson AF, **Anderson CN**. *ACL Injury with Bony Avulsion*. Advanced Reconstruction: Knee. Eds. Lieberman, et al. Rosemont, IL: American Academy of Orthopaedic Surgeons, 2011. 603-11.
3. Anderson AF, **Anderson CN**. *Reconstructing the Anterior Cruciate Ligament in Pediatric Patients*. Insall and Scott: Surgery of the Knee. Eds. Scott, et al. 5<sup>th</sup> ed. Philadelphia, PA: Elsevier, 2012. 855-64.
4. **Anderson CN**, Safran MR. *The Role of Arthroscopy in Elbow Instability*. ISAKOS Elbow Arthroscopy. Eds. Pederzini LA, Bain G, and Safran MR. New York, NY: Springer, 2013. 57-71.
5. **Anderson CN**, Safran MR. *Arthroscopic Technique*. ISAKOS Elbow Arthroscopy. Eds. Pederzini LA, Bain G, and Safran MR. New York, NY: Springer, 2013. 13-23.
6. Anderson AF and **Anderson CN**. *Technique: Anderson Technique*. Knee Surgery for the Pediatric and Adolescent Athlete. Eds. Cordasco F and Green D. Wolters Kluwer. 2015. 46-52.
7. Anderson AF and **Anderson CN**. *Development of the IKDC Forms*. Rotatory Knee Instability: An Evidence Based Approach. Eds. Musahl V, Karlsson J, Kuroda R, and Zaffagnini S. Springer, 2017. 131-146.
8. Anderson AF and **Anderson CN**. *Timing of Pediatric ACL Reconstruction*. Controversies in the Technical Aspects of ACL Reconstruction: An Evidence-Based Medicine Approach. Eds. Nakamura N, Zaffagnini S, Marx RG, and Musahl V. Springer, 2017. 45-53.
9. Anderson AF and **Anderson CN**. *ACL Reconstruction in the Skeletally Immature: Transphyseal, All-Epiphyseal, Over-the-Top*. Masters Techniques in Orthopaedic Surgery: Reconstructive Knee Surgery, 4<sup>th</sup> Edition. Ed. Darren L. Johnson. Wolters Kluwe, 2017. 182-196.

### Apple iBooks:

1. **Anderson CN**. Hip Impingement: A Patient Guide. Apple iBook. June 17, 2014. <https://itunes.apple.com/us/book/hip-impingement/id890689507?mt=11>

---

## PRESENTATIONS:

### Conferences:

1. **Anderson CN**, McCullough KA, O'Neill KR, Song Y, Anderson AF, Dunn WR, Uppuganti S, Nyman JS. *Biomechanical Evaluation of Physeal Sparing Fixation Methods in ACL Avulsion Fractures: A Preliminary Report*. Hillman Lectureship, Vanderbilt University Medical Center, April 2011, Nashville, TN.
2. Magnussen RA, **Anderson CN**, Spindler KP. *Does Operative Fixation of Chondral Loose Bodies Lead to Healing and Maintenance of Knee Function?* Poster presentation, AAOS Annual Meeting, Feb 2012, San Francisco, CA.
3. **Anderson CN**, Nyman JS, McCullough KA, Uppuganti S, Song Y, O'Neill KR, Anderson AF, Dunn WR. *Biomechanical Evaluation of Physeal Sparing Fixation Methods in ACL Avulsion Fractures*. Vanderbilt Orthopaedic Society Annual Meeting, April 2012, Nashville, TN.
4. Safran M, Goldin M, Fredericson M, Nugent R, **Anderson CN**, and Stevens K. *The Association of Femoral Neck Stress Fractures and Radiographic Signs of Femoral Acetabular Impingement*. International Society of Hip Arthroscopy, Paper Presentation, September 28, 2012 Boston, MA.
5. **Anderson CN**, Nyman JS, McCullough KA, Uppuganti S, Song Y, O'Neill KR, Anderson AF, Dunn WR. *Biomechanical Evaluation of Physeal Sparing Fixation Methods in ACL Avulsion Fractures*. AAOS Annual Meeting, Paper Presentation, March 20, 2013, Chicago, IL.

6. Safran MR, Goldin M, **Anderson CN**, Fredericson M, Stevens KJ. *The Association of Femoral Neck Stress Fractures with Femoral Acetabular Impingement*. ISAKOS Congress, Paper Presentation. May 12-16, 2013, Toronto, Canada.
7. Safran MR, Goldin M, **Anderson CN**, Fredericson M, Stevens KJ. *The Association of Femoral Neck Stress Fractures with Femoral Acetabular Impingement*. AOSSM Annual Meeting, Poster Presentation. July 11-14, 2013. Chicago, Illinois.

### **Lectures:**

1. **Anderson CN**. ACL Avulsion Fractures. Resident Trauma Conference. Vanderbilt University Medical Center, Nashville, TN. January 2009.
2. **Anderson CN**. Hip Arthroscopy: Pediatric and Young Adult. Resident Pediatric Conference. Vanderbilt University Medical Center, Nashville, TN. August 2011.
3. **Anderson CN**. ACL Avulsion Fractures. Resident Trauma Conference. Vanderbilt University Medical Center, Nashville, TN. April 2012.
4. **Anderson CN**. Mid-substance ACL Injury in Skeletally Immature Patients. Sports Medicine Conference. Stanford University Medical Center, Redwood City, CA. September 18, 2012.
5. **Anderson CN**. Partial Thickness Rotator Cuff Tears. Sports Medicine Conference. Stanford University Medical Center, Redwood City, CA. November 27, 2012.
6. **Anderson CN**. Patellar Instability. Sports Medicine Conference. Stanford University Medical Center, Redwood City, CA. March 5, 2013.
7. **Anderson CN**. Peroneal Instability and OCD of the Talus. Sports Medicine Conference. Stanford University Medical Center, Redwood City, CA. April 16, 2013.
8. **Anderson CN**. Shoulder: Rotator Cuff Injuries. Sports Medicine Conference. Stanford University Medical Center, Redwood City, CA. April 22, 2013.
9. **Anderson CN**. Knee: Meniscus Tears. Sports Medicine Conference. Stanford University Medical Center, Redwood City, CA. July 16, 2013.
10. **Anderson CN**. Rotator Cuff Injuries in Workers Comp: Diagnosis and Treatment. Tennessee Orthopaedic Alliance Workers Comp Conference, St. Thomas Hospital Midtown. Nashville, TN. January 30, 2014.
11. **Anderson CN**. Rotator Cuff Injury Evaluation and Management in Factory Workers. Logan Aluminum. Russellville, KY. February 13, 2014.
12. **Anderson CN**. Knee Injection. Primary Care Update Annual Conference. St. Thomas Medical Learning Center. Nashville, TN. October 24, 2014.
13. **Anderson CN**. Concussion in Athletes. Orthopaedics for Non-orthopaedists Conference. Gladys Stringfield Owen Education Center. St. Thomas Midtown Hospital. Nashville, TN. May 2, 2015.
14. **Anderson CN**. Common Hip and Knee Problems in Primary Care. Orthopaedics for Non-orthopaedists Conference. Gladys Stringfield Owen Education Center. St. Thomas Midtown Hospital. Nashville, TN. May 2, 2015.
15. **Anderson CN**. The Most Common Injury You Never Knew You Had. Del Webb, Lake Providence. Mount Juliet, TN. November 11, 2015.
16. **Anderson CN**. Iliopsoas: Pathology, Diagnosis, and Treatment. Tennessee Athletic Training Society Annual Meeting. Gladys Stringfield Owen Education Center. St. Thomas Midtown Hospital. Nashville, TN. January 17<sup>th</sup>, 2016.

### **Instructional Courses:**

1. Associate Master Instructor. Arthroscopy Association of North America – Masters Experience: Hip Arthroscopy. September 5-7th, 2014. Rosemont, IL.
2. Associate Master Instructor. Arthroscopy Association of North America – Masters Experience: Hip Arthroscopy. October 2-4th, 2015. Rosemont, IL.
3. Associate Master Instructor. Arthroscopy Association of North America – Masters Experience: Hip Arthroscopy. September 22-24th, 2017. Rosemont, IL.