



TENNESSEE ORTHOPAEDIC ALLIANCE

## MEDICAL NUTRITION THERAPY (MNT) REFERRAL

Fax the following information to: 629-666-3352

### PATIENT DEMOGRAPHICS

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Phone: \_\_\_\_\_  
Patient Address: \_\_\_\_\_ Insurance: \_\_\_\_\_

### DIAGNOSIS FOR MNT (ICD-10 codes are required, check all that apply)

Please specify the diagnosis in the blanks, e.g., E10.65 (type 1 diabetes with hyperglycemia).

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> E10.____ Type 1 DM              | <input type="checkbox"/> F50.9 Eating disorder, unspecified | <input type="checkbox"/> K90.0 Celiac disease                      |
| <input type="checkbox"/> E11.____ Type 2 DM              | <input type="checkbox"/> I10 HTN, essential                 | <input type="checkbox"/> R63.4 Abnormal weight loss                |
| <input type="checkbox"/> E28.2 PCOS                      | <input type="checkbox"/> I11.0 HTN heart disease with CHF   | <input type="checkbox"/> R63.5 Abnormal weight gain                |
| <input type="checkbox"/> E66.____ Overweight/Obesity     | <input type="checkbox"/> K21.____ GERD                      | <input type="checkbox"/> R63.6 Underweight                         |
| <input type="checkbox"/> E78.0 Pure Hypercholesterolemia | <input type="checkbox"/> K50.____ Crohn's disease           | <input type="checkbox"/> R73.01 Impaired FBG                       |
| <input type="checkbox"/> E78.2 Mixed hyperlipidemia      | <input type="checkbox"/> K51 Ulcerative colitis             | <input type="checkbox"/> R73.03 Pre-diabetes                       |
| <input type="checkbox"/> E88.81 Metabolic Syndrome       | <input type="checkbox"/> K52.2 Food Allergies               | <input type="checkbox"/> Z71.3 Dietary Counseling and Surveillance |
| <input type="checkbox"/> N18.____ CKD (stages 3-5)       | <input type="checkbox"/> K58 Irritable bowel syndrome       | <input type="checkbox"/> _____                                     |
| <input type="checkbox"/> F50.____ Anorexia nervosa       |   | <input type="checkbox"/> _____                                     |
| <input type="checkbox"/> F50.2 Bulimia nervosa           |   | <input type="checkbox"/> _____                                     |

### REASON FOR REFERRAL (required)

Provider Comments:

Exercise Restrictions? \_\_\_\_ YES \_\_\_\_ NO Specify:

Referring Provider Name (print)

Provider Signature

\_\_\_\_\_

\_\_\_\_\_

Provider NPI: \_\_\_\_\_ Date of referral: \_\_\_\_/\_\_\_\_/\_\_\_\_

Provider Phone: \_\_\_\_\_ Provider Fax: \_\_\_\_\_